

**DR. AASHISH ARBAT**

Consultant - Orthopaedics

**Qualification**

MS ORTHO KEM MUMBAI | MCH RCS UK | Fellow in Joint replacement & Arthroscopy USA & Japan

## Overview

Dr. Aashish Arbat is a highly acclaimed Consultant Orthopaedic Surgeon at Manipal Hospitals, Baner, Pune, with over 20 years of extensive experience in joint replacement and arthroscopic surgeries. He is widely recognized as a pioneer in advanced orthopaedic procedures and is the first surgeon in Western India to introduce 3D AI-based robotic joint replacement surgery. With over 11,000 successful surgeries to his credit, Dr. Arbat has revolutionized orthopaedic care by implementing cutting-edge technologies such as ROBOALIGN to enhance precision, safety, and recovery in joint replacement procedures. Academically accomplished, Dr. Arbat completed his MBBS with honors from the University of Mumbai in 2000 and went on to earn an MS in Orthopaedics from King Edward Memorial Hospital, Mumbai, in 2005. He further achieved an MCh in Orthopaedics from the prestigious Royal College of Surgeons, London, UK, in 2007. To refine his expertise, he underwent advanced fellowships in joint replacement and arthroscopy in the USA and Japan, gaining international exposure and training in some of the world’s best institutions. At Manipal Hospitals, Dr. Aashish Arbat specializes in robotic joint replacement for

hip and knee, minimally invasive hip surgeries using the SUPERPATH technique, and arthroscopic procedures for the knee and shoulder. He also has extensive experience in trauma surgery and sports medicine, offering comprehensive care to patients with sports injuries and complex orthopaedic conditions. Dr. Arbat has served as a sports medicine consultant to athletes from the IPL, Pro-Kabaddi League, and the Pune Wrestling Federation. He is a regular speaker at national and international conferences, contributing actively to academic advancements in orthopaedics. Dr. Arbat is known for his patient-centric approach and empathetic care, ensuring that patients feel heard, supported, and confident throughout their treatment journey.

### Fellowship & Membership

- Princeton University NJ USA (2010) Under Dr. Jeff Abrams (Shoulder Surgeon)
- Shoulder and Elbow Arthroscopy Under Dr. H. Sugaya, Fellowship (2007 – 2008) at FUNABASHI SPORTS MEDICINE CENTRE, TOKYO JAPAN
- N.U.H, Singapore, (2005) Under Dr. K. C. Ang, DEPT OF SPORTS MEDICINE.

### Field of Expertise

- Robotic Joint Replacement Hip & Knee
- Minimally Invasive Surgery SUPERPATH technique Hip
- Arthroscopy Knee & Shoulder

### Languages Spoken

- English
- Hindi

- Marathi
- Gujarathi