



DR. RASHMI SATPUTE

Consultant - Psychiatrist

Qualification

MBBS | MD Psychiatry

Overview

Dr. Rashmi Satpute is a dedicated and compassionate Consultant Psychiatrist at Manipal Hospitals, Baner, with nearly a decade of experience in diagnosing and treating a wide range of psychiatric conditions. She completed her MBBS and MD in Psychiatry from the prestigious Topiwala National Medical College and BYL Nair Hospital in Mumbai and has since been deeply involved in both clinical practice and mental health advocacy. Dr. Satpute's core expertise lies in adult psychiatry, child and adolescent psychiatry, de-addiction, mood and anxiety disorders, schizophrenia, women's mental health, geriatric mental health, and psychosexual disorders. She is particularly skilled in managing complex psychiatric cases with a comprehensive approach that combines pharmacological treatment, psychotherapy, and lifestyle counselling. She has contributed to public awareness through expert opinions in the media on issues such as repetitive body-focused behaviors, rising anxiety in youth, and the impact of social pressures on mental health. Dr. Satpute is also recognised for her empathetic communication style and a strong emphasis on patient education, which helps individuals and families better understand mental health

challenges and treatment pathways. At Manipal Hospitals, Baner, Dr. Satpute provides a safe and non-judgmental environment where patients feel heard and supported. Her personalised, patient-centered treatment plans are designed to empower individuals in their journey toward mental wellness and recovery. She is committed to reducing the stigma surrounding mental health and believes in the importance of early intervention, continuous care, and community support. Her professional registrations include the Maharashtra Medical Council, and she stays actively engaged in continuing education and psychiatric associations to stay abreast of evolving best practices in mental healthcare.

Field of Expertise

- Deaddiction (officially trained by NDDTC(National drug dependence treatment center), AIIMS, Adult Psychiatry including Anxiety, Mood disorders, Schizophrenia, Phobias, Child and Adolescent Psychiatry (ADHD, Behavior issues, Autism), Sexual Dysfunctions in males and females, Geriatric Psychiatry, Women mental health, Psychotherapy.

Languages Spoken

- English
- Marathi
- Hindi

Awards & Achievements

- Received first prize at GERON 2018 for research conducted in Geriatric Psychiatry.

Talks & Publications

- A stress management talk was given for the private company.
- Dr. Rashmi Satpute on Can't Stop Biting Your Nails? Psychiatrist Shares Causes and Treatment of Body Repetitive Behaviours | Only My Health (Online) | Exclusive Story. [Click Here](#)