

DR. KAVITA VARMA

Consultant - General Surgery

Qualification

MBBS | MS

Overview

Dr. Kavita Varma is a highly experienced General and Laparoscopic Surgeon currently practising at Manipal Hospital Baner, Pune. With over 25 years of surgical experience, she brings a wealth of clinical knowledge and surgical precision to the department of general surgery. She holds an MBBS from JN Medical College, Belgaum, and completed her MS in General Surgery in 1997. Dr. Varma has further enhanced her skills with a Fellowship in Minimal Access Surgery (FMAS), which enables her to perform advanced laparoscopic procedures with greater safety and minimal recovery time. At Manipal Hospital Baner, Dr. Varma specialises in a wide range of general and laparoscopic surgeries including hernia repairs, gallbladder surgery, breast disease management, proctological procedures (such as piles, fissure, and fistula), and abdominal trauma care. She is also actively involved in setting up surgical protocols and trauma care systems, ensuring the hospital maintains high standards of emergency surgical care. Her surgical approach is rooted in patient-centred care, focusing on minimising discomfort, reducing hospital stay, and promoting faster recovery through minimally invasive techniques. She is known for her

calm demeanour, thorough evaluations, and clear communication, which helps patients feel confident and informed throughout their treatment journey. Dr. Kavita Varma is affiliated with respected medical organisations such as the Indian Medical Association, Association of Surgeons of India, and AMASI, keeping her in sync with the latest surgical advancements. Patients at Manipal Hospital Baner benefit from her comprehensive expertise, compassionate care, and commitment to clinical excellence. Whether for routine general surgery or complex laparoscopic procedures, Dr. Varma offers world-class care backed by the advanced infrastructure of Manipal Hospital Baner.

Fellowship & Membership

- Association of Minimal Access Surgeons of India (FMAS).

Field of Expertise

- General Surgery.
- Laparoscopic Surgery.
- Hernia surgery-Open & Laparoscopic. Special interest in Abdominal wall reconstruction (AWR) for management of complex hernias.
- Trauma surgery.
- Specialty Clinics in BREAST diseases.
- Specialty Clinics in Colo-Proctology (Fissures, Piles, Fistula).

Languages Spoken

- English
- Hindi
- Marathi
- Kannada

Awards & Achievements

- Poona Surgical Society, Association of minimal access surgeons of India.

Talks & Publications

- Conducted various Workshops, Seminars & CMEs under the aegis of Aditya Birla Memorial Hospital and Manipal Hospital (earlier Columbia Asia Hospital) on Breast diseases, Laparoscopic Surgery, Gall Stone disease, Management of various Hernias, and Per-Rectal Bleeding.
- Know how the Presence of a Hernia can hinder Intimacy | Dr. Kavita Varma | Happiest Health. Click Here