

DR. SURUCHI MANDREKAR

Consultant - Internal Medicine and Diabetology

Qualification

MBBS | DNB | FCPS | Diploma certificate in Diabetology and Cardiology

Overview

Dr. Suruchi Mandrekar is a highly experienced Consultant in Internal Medicine and Diabetology at Manipal Hospitals Baner, with over 24 years of clinical practice. She completed her MBBS in 1995, followed by a DNB in General Medicine in 2001, building a strong foundation in evidence-based medicine and holistic patient care. At Manipal Hospitals Baner, Dr. Mandrekar provides expert care in the management of chronic lifestyle diseases such as diabetes, hypertension, thyroid disorders, and metabolic syndrome. Her approach is rooted in detailed clinical evaluation, patient education, and long-term disease management. With a special focus on diabetology, she helps patients achieve better glucose control and prevent long-term complications through customised treatment plans and lifestyle interventions. She also manages a wide range of acute and chronic medical conditions, including infectious diseases, respiratory illnesses, and age-related disorders. Her dedication to preventive health is evident in her emphasis on early diagnosis, regular screening, and health counselling, particularly for geriatric and female patients. With her calm and empathetic approach, Dr.

Mandrekar builds long-lasting relationships with her patients, helping them feel supported throughout their health journey. Her ability to simplify complex medical information and involve patients in their treatment decisions has earned her widespread appreciation. Dr. Mandrekar is also actively involved in continuing medical education and regularly updates her clinical knowledge by participating in conferences and professional forums. Her strong academic background, combined with her compassionate practice style, makes her one of the most trusted internal medicine specialists in Pune. If you're looking for a general physician or diabetologist in Baner, Dr. Suruchi Mandrekar at Manipal Hospitals Baner offers a personalised, reliable, and comprehensive approach to medical care.

Fellowship & Membership

- Indian Association of Physicians of India (Life Member).

Field of Expertise

- Internal Medicine

Languages Spoken

- Hindi
- English
- Marathi

Awards & Achievements

- Awarded Young Scientist Award at European Respiratory Congress at Stockholm in 2007.

Talks & Publications

- Book Chapter: Role of infections in COPD-Textbook of pulmonary and Critical care1 Medicine -2011.
- Dr. Suruchi Mandrekar on Winter Heart Attacks: How Dip In Temperature Increases Your Risk of Developing COPDThe Healthsite (Zee Digital) | World COPD Day.Click Here
- Dr. Suruchi Mandrekar on Causes of winter infections in Maharashtra Times - Authored article.Click Here
- Dr. Suruchi Mandrekar on Covid nasal vaccine: Will it be a game-changer as new cases rise?HT Healthshots Click Here
- Dr. Suruchi Mandrekar on Owing to weather, cases of viral infections on the rise in Hindustan Times PuneClick Here
- Dr. Suruchi Mandrekar in an authored article on Type 2 Diabetes Management: How To Lower High Blood Sugar Levels Naturally| The Health site (Online). Click Here
- As women age, prioritizing a healthy lifestyle becomes even more crucial. While we can't turn back the clock, there are powerful steps we can take! Click Here