

DR. VINAY KUMAR GAUTAM

Consultant - Orthopaedic, Shoulder, Arthroscopy & Sports Injury, and Joint Replacement Surgeon

Qualification

MBBS | Diploma in Orthopaedics | DNB Orthopaedics | Fellowship in Arthroscopy and Sports injury | Fellowship in joint replacement

Overview

Dr. Vinay Kumar Gautam is a highly experienced orthopaedic surgeon currently practising at Manipal Hospitals, Baner, Pune, as Consultant - Orthopaedic, Shoulder, Arthroscopy & Sports Injury, and Joint Replacement Surgeon. With over 15 years in the medical field, including more than a decade of focused orthopaedic expertise, he is renowned for his skill in treating joint injuries, sports trauma, and degenerative musculoskeletal conditions. His special interests lie in arthroscopy, sports injury management, joint replacement, and complex trauma surgeries. He completed his MBBS from Maharashtra University of Health Sciences in 2010, followed by a Diploma in Orthopaedics from PGIMS, Rohtak. Dr. Gautam further obtained his DNB in Orthopaedics and pursued advanced fellowships in Arthroscopy & Sports Injuries and Joint Replacement Surgery, equipping him with contemporary surgical skills and international exposure. At Manipal Hospitals, Baner, Dr. Gautam is known for performing minimally invasive procedures such as ACL reconstruction, rotator cuff repair, and meniscus surgeries, with a focus on reducing recovery time and

maximising patient mobility. His evidence-based approach is tailored to suit each patient, ranging from young athletes to senior citizens, ensuring accurate diagnosis, surgical precision, and robust postoperative rehabilitation. In addition to clinical practice, Dr. Gautam has a strong academic interest and has contributed to various national and international journals. His research in orthopaedics has earned him accolades and participation in major conferences across India. Respected for his compassionate patient care and clinical outcomes, Dr. Vinay Kumar Gautam continues to be a valued member of the orthopaedic team at Manipal Hospitals, Baner. He is committed to restoring mobility, alleviating pain, and improving the overall quality of life for his patients through safe, advanced, and patient-centred care.

Fellowship & Membership

- Fellowship in Arthroscopy & Sports Injury (Shoulder and Knee).
- Fellowship in Joint Replacement Surgery.

Field of Expertise

- Arthroscopy Knee and Shoulder
- Sports Injury
- ACL Ligament Surgery
- Meniscus Surgery
- Multi ligament instability
- Shoulder pain
- Shoulder Replacement
- Frozen Shoulder treatment
- Rotator Cuff tear
- Shoulder dislocation
- Complex trauma
- Foot and ankle injuries

- Carpal tunnel syndrome
- Pelvic trauma
- Tendon injuries
- Non-Union of bones
- Arthrodesis or joint fusion
- Ilizarov’s fixator
- Limb lengthening
- Osteoporosis
- Intra-articular injections
- Osteomyelitis or bone and joint infections

Languages Spoken

- English
- Hindi
- Marathi

Awards & Achievements

- Best Paper Award.

Talks & Publications

- Has published 5 International Journals.
- Dr. Vinay Kumar Gautam | Arthroscopic surgery | Explains its advantage | India Times. Click Here
- Why did Vinesh Phogat gain weight in a short time? Experts explain how this happens. Click Here