

**DR. RAHUL RATAN BAGALE**

Consultant - Psychiatry

**Qualification**

MBBS | DPM - (Psychiatry)

## Overview

Dr. Rahul Bagale is a highly regarded Consultant Psychiatrist at Manipal Hospitals, Baner, Pune, with over 8 years of clinical experience in diagnosing and treating a wide spectrum of mental health conditions. He completed his MBBS from VMGMC, Solapur, followed by a Diploma in Psychological Medicine (DPM) from the prestigious Lokmanya Tilak Municipal Medical College (LTMMC), Sion, Mumbai. Known for his empathetic and patient-centred approach, Dr. Bagale offers holistic care to individuals dealing with depression, anxiety disorders, schizophrenia, addiction, psychosexual concerns, and behavioural issues. He also has a strong interest in de-addiction therapy and adolescent mental health. Incorporating evidence-based techniques such as Rational Emotive Cognitive Behaviour Therapy (RECBT), Dr. Bagale combines psychotherapy with judicious use of medications to offer a balanced treatment plan. He firmly believes in empowering his patients through psycho-education, helping them understand their condition and actively participate in their recovery process. At Manipal Hospitals, Baner, Dr. Bagale is known not only for his clinical acumen but also for creating a non-judgmental, supportive

environment where patients feel heard and understood. He actively participates in mental health awareness initiatives and has been featured on various public platforms for his work in promoting emotional wellness. Dr. Bagale is also an active member of the Poona Psychiatric Association, contributing to academic discussions and mental health advocacy. His commitment to advancing mental health care with compassion and integrity makes him a trusted name in psychiatry in Pune.

### Fellowship & Membership

- Poona Psychiatric Association, Executive Committee Membe

### Field of Expertise

- Anxiety
- Depression
- Schizophrenia
- Psycho-sexual Medicine
- De-addiction

### Languages Spoken

- English
- Hindi
- Marathi

### Talks & Publications

- Dr. Rahul Ratan Bagale on Children are spending more hours on screen: experts Hindustan Times (Pune).Click Here

- 6 case reports and 3 publications in indexed journals.