

DR. SINUKUMAR BHASKARAN

Consultant - Adult Joint Replacement & Reconstruction and Robotic Arthroplasty (Hip & Knee)

Qualification

MBBS | Diploma in Orthopaedics | DNB Orthopaedics | Fellowship in Arthoplasty

Overview

Dr. Sinukumar Bhaskaran is a highly experienced orthopaedic and Joint Replacement Surgeon with over 18 years of expertise in treating complex bone, joint, and spine conditions. After completing his MBBS in 1998, he pursued a Diploma in Orthopaedics in 2004 and earned his DNB in Orthopaedics in 2007, establishing a strong foundation in surgical orthopaedics and musculoskeletal care. With nearly two decades of hands-on clinical and surgical experience, Dr. Bhaskaran has become a respected name in joint preservation, trauma care, and joint replacement procedures. His special interests include primary and revision total knee and hip replacement, arthroscopic surgeries, complex trauma management, and sports injuries. He is known for offering patient-specific solutions, whether it’s conservative therapy or surgical intervention, ensuring optimal recovery and mobility restoration. His meticulous surgical technique and evidence-based approach have helped hundreds of patients return to active lifestyles with minimal downtime. Dr. Bhaskaran’s dedication extends beyond the operating theatre. He believes in a multidisciplinary, patient-centric

care model. He ensures that every patient is educated about their condition and actively involved in the decision-making process, which enhances treatment outcomes and patient satisfaction. In addition to clinical work, Dr. Bhaskaran keeps himself updated with the latest global advancements in orthopaedics by attending national and international conferences. He is also engaged in mentoring young orthopaedic professionals and contributing to community health awareness initiatives on joint health and injury prevention. Known for his calm demeanour, precise surgical skills, and ethical practice, Dr. Sinukumar Bhaskaran is a trusted orthopaedic expert at Manipal Hospitals, Baner, offering holistic and advanced musculoskeletal care tailored to every patient's needs.

Field of Expertise

- Joint Replacement
- Joint Preservation
- Fractures around hip
- Complex trauma
- Foot and ankle injuries
- Pelvic trauma
- Deformity correction
- Tendon injuries
- Carpal tunnel syndrome
- Non-Union of bones
- Arthrodesis or joint fusion
- Ilizarov’s fixator
- Limb lengthening
- Osteoporosis
- Intra-articular injections
- Osteomyelitis or bone and joint infections

Languages Spoken

- English
- Hindi
- Malayalam
- Marathi

Awards & Achievements

- Won the best paper award at the 3rd Annual conference of the Indian Society of Hip and Knee Surgeons, 2009 New Delhi for the paper- "Single stage bilateral total knee arthroplasty - a prospective review of immediate outcome in 416 patients".
- Paper presented at WIROC Mumbai,2009 - "Single stage sequential bilateral total knee arthroplasty in patients above 75 years - a review of 134 cases".
- Awarded the best paper at MOACON 2010, Nashik for presentation on - Sequence & results of medial release in 1994 cases of varus knees undergoing TKA.

Talks & Publications

- Co-authored the chapter "Current Trends in Total Knee Arthroplasty" in Maharashtra Orthopaedic Yearly Journal 2009.
- Case report of "Single stage bilateral total knee arthroplasty in a patient with G6PD deficiency" published as the original article in Journal of Trauma & Orthopaedics (Volume 10 Issue 1 Jan –March 2015).
- Distal Femur Replacement in a Case of Nonunion Supracondylar Femur Fracture - International Journal of Case Reports (accepted 15 - 7 - 21)
- Dr. Sinukumar Bhaskaran on 5 important things to know before

undergoing total knee replacement surgery in The Indian Express | Exclusive Story. Click Here

- Dr. Sinukumar Bhaskaran on Do you experience knee pain while running? Experts explain why India Times (Online) | Exclusive article. Click Here
- FW: Coverage Update | MH Kharadi | Osteoporosis Day. Click Here
- Manipal Hospital kharadi | Article - Bone Strength. Click Here
- Ankle sprains and injuries: What patients need to know. Click Here